

- The following are the unemployment rates in North Coast counties in February 2009 compared with February 2008:
 - Clatsop March 2009 unemployment rate was 10.1% compared with 4.7% in March 2008.
 - Columbia March 2009 unemployment rate was 14.3% compared with 6.2% in March 2008.
 - Tillamook March 2009 unemployment rate was 11.4% compared with 4.8% in March 2008.

Source: Oregon Employment Department,
<http://www.qualityinfo.org/olmisj/Regions?page=2&area=000006>
- The federal poverty line has traditionally been used to measure whether families have incomes high enough to enable them to meet basic needs. Yet most researchers now agree that a "poverty line" income is not sufficient to support most working families. In the North Coast, many families of four must earn between \$37,000 and \$42,000 to be "self-sufficient," depending on location and specific family characteristics. For example, a family with two adults, a preschool child, and a school age child in Clatsop County must earn \$37,418 to be self sufficient. A family with two adults, an infant, and preschooler must earn \$41,377 to be self sufficient. In contrast, the federal poverty income line for a family of four is \$21,000 annually.

Sources: Economic Policy Institute, <http://www.epi.org/> and The Self-Sufficiency Standard for Oregon 2008, Prepared for Worksystems, Inc.,
<http://www.selfsufficiencystandard.org/docs/Oregon%202008.pdf>
- Requests for emergency food are reaching record levels across Oregon as a result of the economic recession. According to data from the Oregon Food Bank Network, distribution of emergency food boxes increased 15 percent in Oregon between July 1 and December 30, 2008, compared to the same period in 2007.

Source: Oregon Food Bank, <http://www.oregonfoodbank.org/>
- Food banks in Clatsop, Columbia, and Tillamook counties distributed 31% more emergency food boxes from July through December 2008 than the same period in 2007. The smallest increase among the three counties occurred in Tillamook county, where pantries distributed 23% more boxes in 2008 than 2007. The largest increase occurred in Clatsop county, where pantries distributed 40% more boxes. In 2008, all food banks in the region distributed 17,353 emergency food boxes compared with 13,209 in 2007.

Source: Oregon Food Bank, <http://www.oregonfoodbank.org/>
- Parents reported reducing the size of their meals or reducing the quality of the foods they buy. Participants shared tips for how to adjust, from planning meals around coupons to planning to purchase the local grocery store's reduced-price meats. Participants still cannot afford the healthy foods they know they should be eating.

Source: Voices – Stories About Hunger from the Oregon Food Bank Network, 2008. See http://www.oregonfoodbank.org/research_and_action/voices/documents/voices2008final.pdf

Emergency Food Pantries Serving Clatsop, Columbia, and Tillamook Counties

The Regional Food Bank of Tillamook County, Clatsop Community Action Food Bank, and Columbia Pacific Food Bank are the regional food distributors for the North Coast, receiving and warehousing food from the Oregon Food Bank and local resources and distributing it to the agencies listed below.

Clatsop County- Food pantries

Cannon Beach Food Pantry

Cannon Beach Bible Church
Wed 1-3 PM
264 Hills Lane, Cannon Beach
(503) 436-1222

Clatsop Emergency Food Bank

First Presbyterian Church
Mon-Fri 3-4 PM
1103 Grand Avenue, Astoria
(503) 325-1702

Warrenton Food Bank

Calvary Assembly of God
Tuesday & Friday 2-3 PM
1365 S. Main, Warrenton
(503) 861-1712

St. Vincent DePaul Food Pantry

Mon, Wed, Fri 1-2:30 PM
3575 Highway 101, North Gearhart
(503) 717-0444

South County Food Bank

Mon-Fri 2-4 PM
880 Ave A, Seaside
(503) 738-9800

Manna House

3rd Saturday of the month, 10 AM-Noon
88786 Dellmoor Loop Road, Warrenton
(503) 738-5182

Knappa Food Pantry

Tues & Thurs 2-3 PM
42889 Old Highway 30 at the Knappa
Crossroads

Grace Food Pantry

Grace Episcopal Church
Tues-Thurs 9-11:30 AM
1545 Franklin Ave., Astoria
(503) 325-4691

Columbia County- Food pantries

H.E.L.P. Inc.

Mon-Thurs 9am-12:45pm
474 Milton Way, St. Helens
(503) 397-9708

HOPE of Rainier

Mon 1pm-6pm; Tues, Thurs & Fri 10am-4pm
404 East A Street, Rainier
(503) 556-0701

Turning Point Community Center

Mon, Tues, Thurs & Fri 10am-4pm
220 E Columbia River Hwy, Clatskanie
(503) 728-3126

**St. Vincent DePaul-St. Wenceslaus
Conference**

Mon & Thurs 1pm-3pm
51555 Old Portland Rd., Scappoose
(503) 543-7495 ext15

Vernonia Cares

Tues & Thurs 10am-2pm
627 Adams Ave., Vernonia
(503) 429-
1414

Tillamook County – Food Pantries

Tillamook Food Bank

Tillamook Methodist Church
Thursdays, 1 PM to 3 PM
3808 12th Street, Tillamook
(503) 815-3880

Salvation Army Food Pantry

Wednesdays, 3 PM to 5 PM
2105 Fourth Street, Tillamook
(800) 858-3556 or (503) 812-3067

Tillamook Christian Center Pantry

Tuesdays and Thursdays, 11 AM to Noon
701 Marolf Loop, Tillamook
(503) 842-6555

North County Food Bank

Tuesdays, 1 PM to 3 PM
278 Rowe Street, Wheeler
(503) 368-7724

God's Lighthouse Pantry

103 Eighth Street, Garibaldi
(503) 322-3501

Nestucca Pass It On Ministries

Tuesday 10 AM to 1 PM and
Friday 4 PM to 7 PM
24425 Bunn Creek Road, Beaver
(503) 398-2803